



**Summer  
2020**

## **ADVENTURE LEADERSHIP PROGRAM**

**Ages: 10-14**  
**3 one week sessions**  
**Monday – Friday**  
**\$485 / week**

**Phone: (867) 334-3725**

**Email: [equinox.camp@gmail.com](mailto:equinox.camp@gmail.com)**

**June 22 - 26**  
**July 6 – 10**  
**July 20 – 24**



**Rock Climbing, Rappelling, Canoe, Kayak, Camping Skills, GPS, Map & Compass**

The Adventure Leadership Program (ALP) provides training to youth interested in pursuing outdoor adventure activities while developing and enhancing their individual leadership skills. All adventure activities focus on skill development while working on increasing self-awareness and confidence, learning new leadership skills, setting individual goals, working as a team, and developing problem solving and communication skills.

### **Covid-19**

Participation is not recommended for campers who are vulnerable or susceptible to Covid-19, for example immunocompromised. This extends to the 'bubble' of people they are in contact with.

We have been thoughtfully adapting our program to the new Covid-19 environment. You will find new program adaptations, new equipment, new staff training and new program development. We are following the guidelines from the Yukon Chief Medical Officer, a variety of camp community resources and feedback from camper families.

The extra costs associated with these accommodations have been covered by funding from CanNor and YTG. We are very grateful for this contribution; it allows us to continue to provide this vital child care resource to our community.

This program usually includes an overnight camping trip which will only run if allowed by the Chief Medical Officer. Instead, we will head a bit further afield on day trips ~ Takhini R, Spirit Canyon, Cantly Lake.

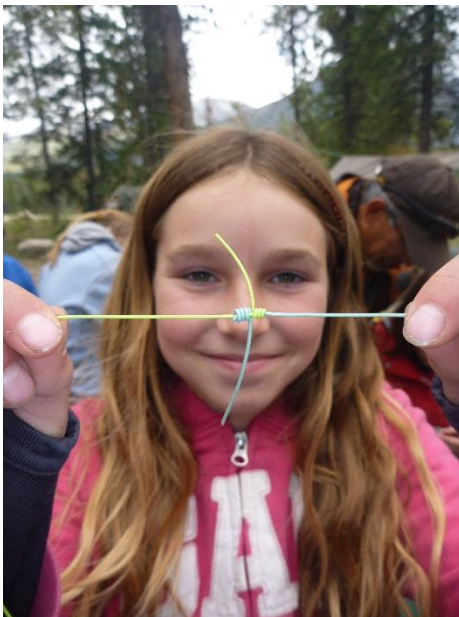
## Adventure Camp Activities:

**Rock Climbing:** ALP'ers learn basic climbing techniques, proper equipment use, knot tying, and belay skills. We alternate between two climbing locations so that campers have the opportunity to try different climbing sites. On this day trip campers also participate in hiking and forest exploration. During the rock climbing lessons, ALP'ers set personal goals, learn rope management skills. In addition to climbing technique, these lessons focus on teamwork, communication, goal setting and rappelling.



**Canoeing:** Following guidelines set by the Canadian Recreational Canoeing Association, campers learn and improve their tandem flat water paddling skills by participating in various canoeing skills sessions and activities.

**Takhini River Trip (session 2, 4 & 6):** This camp includes a trip that takes ALP'ers along the upper Takhini River. ALP'ers will enjoy a trip that is a bit more challenging than our regular river trips including moving water canoeing skills and safety practises. The program focuses on teamwork, communication skills and problem solving. ALP'ers will use maps, compass and GPS to navigate down the river while locating appropriate campsites and rest stops. They will participate in various activities on the canoe trip, such as atlatl throwing, instruction on using a GPS device, camp crafts and campfire. Along the way ALP'ers will learn map & compass skills as well as identify birds and animals. We will also be doing lots of fishing on this trip so be sure to bring your fly rod.



**GP Teaming:** Small teams use GPS, map, compass and their brains to find caches of teambuilding activities and tests of fortitude. Participants explore a variety of group skills including: problem solving, communication, trust and decision making.



## Closing Exercise:

ALP'ers will spend Friday afternoon reflecting on the skills they gained, the goals they accomplished and challenges they overcame. The group takes part in a few debriefing activities and says farewell to the friends they shared the week with.



## Statutory Holidays

We do run our programs as usual during weeks that have a statutory holiday so that all campers are able to enjoy the complete Adventure Camp experience. The cost is 'pro-rateable' if you choose not to come on the holiday.

## Safety Practices



All of our staff hold current First Aid & CPR certificates, have experience working with children and youth, and have taken part in our extensive staff training. In addition, we ensure that all staff carry a knapsack containing a fully stocked first aid kit, ALP'er information, bear spray, a whistle, sunscreen and extra clothes. Our staff to camper ratio is 1:6 maximum for any programs on the water and involving rock climbing. Other programs, such as games and land sports have a ratio of 1:10. Our Camp Staff always work in teams of two or three. All staff facilitating adventure programs, have related qualifications, training and experience. Proper safety equipment for all of our programs is

used and regularly inspected (i.e. certified rock climbing gear and helmets, PFDs, water rescue equipment, etc.)

## Transportation

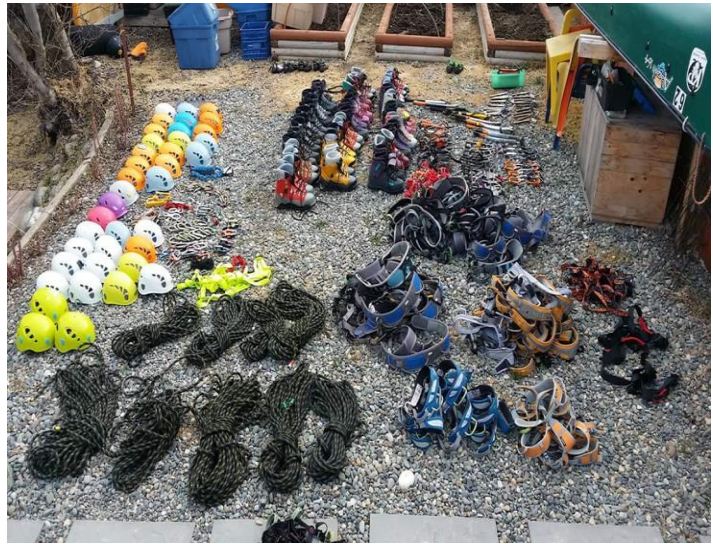
Transportation to and from programs is provided on our 32-passenger bus. All drop-off and pick-ups are in the Shipyards Park Parking Lot. Campers arrive each morning at **8:30-9:00am**; pickup is between **3:30-4:00pm**. Campers & Parents **MUST BE ON TIME** for drop-off and pick-ups! If for any reason there is a last-minute change of transportation arrangements for a camper, please leave a message at 334-3725 BEFORE the scheduled pick-up or drop-off time. It is the responsibility of the parent / guardian to supervise their child until the staff arrives at 8:30am and to be there no later than 4:00pm to pick them up.



## What to Bring

Adventure Leadership participants should bring a day pack with the following items **every day**:

- Lunch and snacks for the whole day
- 1L bottle of water or juice
- Face mask and hand sanitizer (we will also be providing these)
- Swimsuit, towel & flip-flops
- Sunscreen and bug repellent
- Baseball hat or other type of hat for sun protection
- Rain gear ...we play rain or shine!
- Warm clothes for those cooler days
- An extra pair of shoes or sandals that can get wet
- A keen sense of Adventure!



## Who we are...

Equinox is dedicated to the belief that participating in adventure-based activities helps individuals and groups to build character, trust, communication, problem solving and leadership which in turn creates stronger communities. Our programs include rock climbing, zipline, experiential based teambuilding, canoeing, kayaking, geocaching, rappelling and ice climbing. All programs include highly skilled (& friendly) staff, quality equipment, innovative structures and dramatic locations.

Christopher Gishler is the Owner/Operators of Equinox. He has over 25 years of experience working in the camping and outdoor education field. Christopher's background includes working for the Canadian Outward Bound Wilderness School and teaching adventure education on high ropes courses and climbing walls that he has built throughout North America.

The goal of Equinox has always been to provide high quality adventure programs to the Yukon community and visitors. Tag lines over the years have included, 'Adventurous Programs for Adventurous People', 'Adventure is good for you', and 'Building Character through Adventure'.

All the members of the Adventure Camp Staff Team come with extensive experience working with children in outdoor adventure programs. All staff members have current First Aid and CPR and have completed our staff training.



## Registration

Please download the PDF version of our Registration Package; complete and return one REGISTRATION FORM, HEALTH FORM and WAIVER per ALP'er.

### Holding Spots

Please check the website calendar or call our registrar at (867) 334-7740 to confirm that there is space available. We will be happy to hold a spot for one week, to allow time for the receipt of the necessary forms and payment.

### Deposit & Final Payment

Registration forms should be accompanied by full payment, or a \$50 non-refundable deposit; full payment is due 3 weeks prior to the camp starting. Payment by email interact is preferred. Other options include cheque, cash or credit card (we will email you an invoice payable by cc)

### Refund Policy

Camp fees will be refunded (-\$50 admin fee) only if a cancellation is made a minimum of 3 weeks prior to the session starting date.

A full refund is available if the camper does not attend due to Covid-19.



## Equinox Adventure Camp

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Office / Emergency  
867-334-3725

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867-334-7740

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